

**Growing and Learning Together**

**Whole School PE Plan**

**2020/2021**

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| **Year 1** | | | | | |
| **Term 1** | **Month** | **September** | **October** | **November** | **December** |
| **Strand** | Athletics | Games- Basketball | Athletics | Gymnastics |
| **FMS** | Running | Throwing | Hopping | Balancing |
| **Term 2** | **Month** | **January** | **February** | **March** |  |
| **Strand** | Gymnastics | Dance | Dance |  |
| **FMS** | Landing | Skipping | Side- stepping |  |
| **Term 3** | **Month** | **April** | **May** | **June** |  |
| **Strand** | Games / Soccer or Gaelic | Athletics/Games | Outdoor / Adventure |  |
| **FMS** | Catching /Kicking | Jumping for distance | Walking |  |